

Making Enrichment

Enrichment is anything that stimulates the animal and thus helps prevent boredom. Most planned enrichment is intended to be a pleasant experience for the animal. It includes such things as toys, browse, training sessions, scents, etc. but unpleasant or unintended stimuli can also enrich the animal's life. These include such things as construction, scents of predators, noise, visitors, etc.

Know before you begin

- · This activity can be done inside or outside
- · All supplies are easy to find, substitute or leave out entirely
- · Adult supervision is recommended
- Please choose a safe space to play

Materials

- Paper bags
- Toilet paper tubes
- Twine
- Shredded paper
- Scissors





Instructions

Paper bag:

- 1. Fill a paper bag with shredded newspaper, shredded office paper, hay/straw, etc.
- 2. Bags can be hung for some species or left on platforms/floor.

NOTE: Tailor size of grab bag offered to size of targeted species. Paper lunch bags work well for most species, but smaller bags (available in novelty shops, dollar stores) are more appropriate for small mammals (rats).

Stuffed tubes:

- 1. Stuff tubes with shredded newspaper, shredded office paper, hay/straw, etc.
- 2. Fold ends to allow animals to rip open to reach food.

NOTE: Small pieces of food or treats can be added later.

