Do You Know These Trees

What is a tree? There are many answers to this. Trees are plants just like sunflowers and grass. Where do trees come from?

Know before you begin

• This activity can be done inside or outside
• All supplies are easy to find, substitute or leave out entirely
• Adult supervision is recommended
• Please choose a safe space to play

Materials

• Tree seeds (such as acorns, pinecones, apple, peach, orange, or mango seeds or maple tree seed “helicopters”)
• Tree
• Blanket
• Crayons with paper peeled off
• Paper
• Tree identification book
Instructions
1. Look at the tree seeds. Handle and explore.
   - What is the area where many trees grow together?
   - How do trees start growing?
   - What size is the smallest tree you ever saw?
   - How small is a tree when it is a baby?
2. First, go hug a tree. Feel the bark and smell it.
   - How is the tree attached to the ground?
   - Did someone stick the trunk into the ground?
   - Did it pop up already grown?
3. Spread a blanket and lie down under the tree and look up at the branches.
4. Make a tree bark rubbing by holding a piece of paper against the trunk while a child rubs a crayon (held sideways) over the page to reveal the texture of the bark.
5. Look at the leaves.
6. Make a rubbing of the leaves.
7. Look up the name of your tree in the tree identification book.